



## WEEK OF RESPECT OCTOBER 1<sup>ST</sup> – 5<sup>TH</sup>, 2018

### **October is National Bullying Prevention Awareness Month!**

The Anti-Bullying Bill of Rights Act has designated the first week of October as a “Week of Respect” in NJ schools. We will be working to help students learn about empathy, respect, acceptance, and personal responsibility. Activities planned at Connecticut Farms include:

- ✓ **School Spirit Days!**
  - Monday, Oct 1<sup>st</sup>: BLUE SHIRT DAY – Wear a blue shirt and join us in recognizing World Day of Bullying Prevention – together, let’s stop bullying and cyberbullying!
  - Tuesday, Oct 2<sup>nd</sup>: PUT A CAP ON BULLYING – Wear your favorite hat!
  - Wednesday, Oct 3<sup>rd</sup>: BEING A GOOD FRIEND IS NO SWEAT – Wear your comfiest sweats to school!
  - Thursday, Oct 4<sup>th</sup>: WE APPRECIATE THE DIFFERENCES AMONG US – Wear your most mismatched clothes!
  - Friday, Oct 5<sup>th</sup>: TEAM UP AGAINST BULLYING – Wear a shirt or jersey for your favorite sports team!
- ✓ **Tuesday, October 23<sup>rd</sup> is National “Mix It Up At Lunch Day”:** Switch up your usual seat in the cafeteria and make some new friends!
- ✓ **Wednesday, October 24<sup>th</sup> is our District Unity Day - Wear Orange:** Everyone can come together and show that we are united for kindness, acceptance, and inclusion.
- ✓ **1<sup>st</sup> Annual CFES Door Decorating Contest:** Each classroom will decorate their door illustrating the theme “Be a Buddy, Not a Bully.” The winning class will receive a pizza party, courtesy of our PTA! All students will receive a “Be a Buddy” necklace.
- ✓ **Classroom Lessons:** During the month of October, students will participate in classroom lessons on topics such as respect, kindness, and being an “upstander.”
- ✓ **Respect Notes:** parents & family members fill out notes for their children at Open House on why they respect them, and they will be delivered to students in school.
- ✓ **Respect Topic of the Day:** Bulletin boards & morning announcements to discuss ways that we can demonstrate respect toward others, our school, and the environment.
- ✓ **Assemblies:** School-wide programs include the “Beyond the Laces” assembly on kindness, “The Power of One” anti-bullying assembly, and “The NED Show.”
- ✓ **Check out these resources for more information!**
  - [Stompoutbullying.org](http://Stompoutbullying.org)
  - [www.stopbullying.gov](http://www.stopbullying.gov)
  - [www.pacer.org/bullying](http://www.pacer.org/bullying)
  - [www.tolerance.org](http://www.tolerance.org)